



Eos, Goddess of Dawn;
With Pegasus, her mount.
Symbolizing Dawn of
New Age Coming...

Bruce M. Forrester Jr
Wisdom Quest Group

PO Box 55
Bellbrook, Ohio 45305
(937) 429-3847

Meeting Location at:

Antioch University (Midwest)
900 Dayton Street • Yellow Springs, Ohio 45387

Room #B105 for This meeting only

Third Thursdays: 7--9pm

skywatch@zephyrtechnology.com

http://zephyrtechnology.com/html/wisdom_quest_group.HTM

Mission Statement:

*In these Late Days before the New Age breaks in upon us:
We strive to prepare by embracing traditions Sacred to our Miami Valley:
Along the path first blazed by Tecumseh; and furthered by many...
Traditions of Love, Work and Knowledge; The Quest for Wisdom.*

Thursday, February 17, 2011, Wisdom Quest Community, Yellow Springs, Ohio

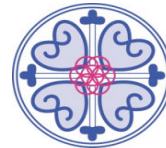
For this meeting only: Room #B105 on First Floor as you come in from the Parking Lot:

Turn Left down the Hall to B105 on your Left!

Recircling once more for our Thursday, February 17th Meeting at 7pm at Antioch University Midwest is our indefatigable Speaker

NANCY LEE BENTLEY

Wholistic Health Expert



**The Curious Connection Between
Eating and our Evolution**

OR

**“Who Says Heaven Isn’t In Wine,
Cheese and Chocolate?”**

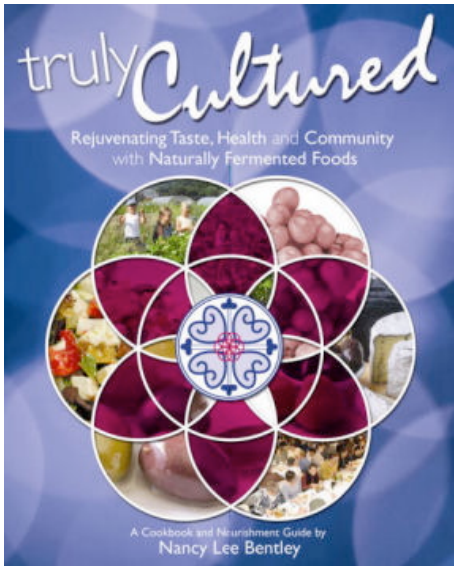
Undaunted by “fowl” weather, our classy, good humored “snowed out” January speaker, Wholistic Health Expert, Nancy Lee Bentley, agrees to return ~ even more appropriately during this month’s Valentine’s week ~ to share her entertaining, insightful and hearty perspectives about some of our all-time fabulous, favorite and (even forgotten) delicacies and how they’ve helped shape not only our culture, but our beliefs and attitudes.

Join this dynamic, internationally known chef, nutrition and natural foods marketing specialist, speaker, writer, and visionary (who has done just about everything you can do with food), as she explores the "as above, so below" connections between the worlds of food, nutrition and nourishment, including some surprising insights on the question, “Who Says Heaven Isn’t in Wine, Cheese and Chocolate?”



’SNOW BIG DEAL, I’ll Be Back!
Says Healthy Foods Pioneer,
Author & Wholistic Health Expert

NANCY LEE BENTLEY
February 2011 Speaker



**Antioch University (Midwest)
900 Dayton Street • Yellow Springs, Ohio 45387**

**Room #B105 First Floor; on the Left down the
Hall: This meeting only...**

Nancy Lee Bentley has been called a pioneer in the fields of natural and organic foods, sustainable foodsystems and holistic health. A visionary champion for healthy foods and sustainable communities who has been sowing the “seeds of health,” Nancy has been making the connections and building the food, agriculture, nutrition, health and wellness “soil-to-spirit bridge” for over 35 years.

From a Cornell foods, nutrition and communications degree and Madison Avenue food photography styling, she has gone full circle — from developing gourmet organic food products and farm-to-chef market programs to self publishing her most recent book, *Truly Cultured: Rejuvenating Taste, Health and Community*, coauthoring the breakthrough *Dr. Mercola’s TOTAL HEALTH Program* with Dr. Joseph Mercola and being honored as one of the first 15 top, national Project Messengers.

Completing the whole circuit around what she calls “The Food Circle,” wearing hats as Food Systems Development Specialist, Specialty Grain Broker, Food Editor and Healthy Foodservice Specialist, this new paradigm innovator has lots of stories and wisdom to tell about everything from organizing the first organic trade association, baking Prince’s purple flowered birthday cake, and developing wheat-free recipes for Cher to more controversial tales of international intrigue from her activist involvement with “NO GMO’s”, health freedom, High Fructose Corn Syrup and Jesse Ventura-style conspiracy theory associates involved in the Codex Alimentarius “fight for the biological computer.”

Can We, After All... Really Eat Our Way to Heaven? Join us at 7 pm on Thursday night, February 17th and discover this Celebrity Food and Nourishment Expert’s enlightening perspectives.

Sincerely,

**Bruce M. Forrester Jr
Wisdom Quest**

**Turn Out for This One!
Coffee and Cookies and Good Fellowship
(That's Brother Bear's Coffee!)
among like minded Seekers of Truth...
Some Kombucha welcome to walk in the door!**

**Love Offering \$5- Don't be shy about putting
some hefty cash into the "Love Basket". You
want Abundance? Then act like you got it
already...**

Addendum for E-mail version:

- **So there we were last month on January 20; and we got some Snow! Pretty Cold too. Antioch Midwest called me early that morning and announced the College would just close up at 2pm and that was that.**
- **So, I sent out a quick email announcing this turn of events and then posted a note to the frozen Antioch Midwest Doors: We were going to meet at the Winds Restaurant for a little Tête à tête for the truly faithful!**
- **And so we did! Our little U.S. Psychotronics Association (Wisdom Quest Chapter) "Board of Directors" meeting; meeting on a first come/first serve basis on a Snowy Night at The lovely Winds Bistro Cafe.**
- **And we talked all about cultured foods, GMOs from mean old Monsanto, and community based sustainable agriculture as a "Revolutionary Act". This means the Weston A. Price Foundation folks and the Second Street Market downtown (and the Yellow Springs Farmer's Market too):**
- <http://www.yellowspringsfarmersmarket.com/>
- <http://www.meetup.com/Dayton-Nourishing-Connections/>
- <http://www.metroparks.org/Parks/SecondStreetMarket/Home.aspx>
- **Coffee and Cookies as per the usual... Homer and Beverly Davis sure bring some nice little treats (made from recipes from yesteryear Pioneer days gone by). And Linda and Conrad Kim offer some homemade goodies from the fertile offerings of Conrad Sherwin. Makes for a nice meeting when homemade food and treats just walk in the door!**